Summer Sailing Camp

Program Dates: June 1st–August 7th 2020 {no classes 6/29-7/3}

Class Descriptions

Harbor Mice [J/22] – This is an entry level class for sailors ages 6-7 to learn the basics of sailing safety, rigging, nomenclature, and knots. Taught in stable keelboats this class is a great way to get new sailors comfortable on the water while sailing with an experienced, certified instructor.

Beginner 1 [Optimist] – This Learn-to-Sail course is intended for students ages 8+ with little to no experience on the water. They will learn the basics of sailing in a safe and fun environment. Instruction includes basics of rigging, sailing fundamentals, basic boat handling, seamanship (knots, weather, etc.), and water safety. New sailors are required to take a minimum of two consecutive weeks of Beginner 1 classes.

Beginner 2 [Opti/420] – This course is intended for sailors ages 8+ that have successfully completed a minimum of two weeks of Beginner 1 programming. Instruction focuses on continued development of sailing knowledge, boat handling, and water safety. – Level 1 req.

Intermediate – Intermediate classes are offered for sailors ages 10+ who have completed a minimum of two weeks of Beginner 2 programming. Instruction focuses on fine tuning sailing skills such as sail trim, efficient upwind and downwind sailing, and sailing maneuvers in a range of conditions. Classes will be available in Optis, Bics, and 420s.

Placement must be approved by the Program Director. – Level 2 req.

Adventure – This course is intended for our experienced sailors ages 11+ to explore the harbor with their friends. Optis, Bics, 420s, & J/22s will be used in this class to continue developing sailing skills while exploring a new and exciting side of sailing. Level 3 req.

Participation Requirements

Pass a swim test consisting of unassisted 50m swim and tread water. No floatation devices may be used. An instructor will be in the water at all times during swim tests. *Exception* - PFDs may be worn by Harbor Mice participants ONLY during the swim test.

Positive attitude – We are all here to learn and have fun, be sure to bring your best attitude and a smile to camp every day. Bullying will not be tolerated.
Boats

The 8-foot Optimist is the international standard in youth sail training. The “Opti” is specifically designed for junior sailors under 5’4” and 120lbs in weight.

C420s are the standard in high school and collegiate sailing; this two-person boat is 14’ in length and a great for beginners and racers alike. Our fleet can be sailed with or without club style trapeze and spinnaker, making it a versatile teaching tool.

The O’pen Bic is a self-bailing, open concept single-handed dinghy perfect for youth sailors looking to switch things up from the Opti.

J/22s are a standard 22’ keelboat perfect for everything from learn-to-sail to international racing. The stable nature of the boat is excellent for creating a comfortable learning environment.

The Laser is a single-handed dinghy with varying rig sizes that accommodates a wide range of youth and adult sailors alike. Great for perfecting boat handling skills in all conditions.

Skipper Cards

Levels 1-4 denote sailing skills achieved and help us identify the perfect fit for your sailor! Please note the required level for each class before signing up.

See Skipper Card requirements for more details.

Payment Information

Weekly Rate - $150/child Members / $180/child Sponsored Guests

Payment via member account is committed the time of registration for the full amount of sailing weeks registered. Payment will be processed at month end following selected weeks. Members who sponsor guests accept responsibility for payment via their member account.

Important Dates

May 28th 5:30pm Under the Boathouse – Parent Meeting

June 20-21st James Island Yacht Club Regatta

July 11-12th Hobcaw Yacht Club Open Regatta

July 18-19th Charleston Yacht Club Open Regatta

July 24-26th Carolina Yacht Club Regatta

August 7th Hopkins Regatta

TBD Community Cup
### What to Bring

- USCG approved PFD
- Closed-toed shoes
- Reusable water bottle
  - [please no single use plastic]
- Sunscreen
- Water friendly attire
  - (bathing suit, sun shirt, hat, etc.)
- Towel/Change of clothes
- Rain jacket

### Questions?

Kate O'Donnell  
Sailing Director  
(843) 973-3558  
SailingDirector@carolinayachtclub.com

<table>
<thead>
<tr>
<th>Week</th>
<th>Course Details</th>
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| 1 6/1-5| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 2 6/8-12| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 3 6/15-19| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 4 6/22-26| Harbor Mice  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 5 7/6-10| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 6 7/13-17| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 7 7/20-24| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 8 7/27-31| Harbor Mice  
  Beginner 1  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |
| 9 8/3-7| Harbor Mice  
  Beginner 2  
  Intermediate Opti & Bic  
  Intermediate 420  
  Adventure  |