



Carolina Yacht Club
SKIPPER CARD STANDARDS
O'PEN BIC

Level 1

- Basic sailing camp experience
- Safety procedures

Level 2

- Nomenclature
- Nautical knots
- Rigging
- Steering in straight line
- Basic upwind sailing
- Basic downwind sailing
- Tacking & jibing
- Proper technique handling the tiller
- Depower the boat
- Capsize Recovery
- Sailing around independently

Level 3

- Proper rigging of boat independently
- Launching independently
- Docking independently
- Capsize recovery independently
- Proper sail trim
- Proper technique handling the tiller extension
- Upwind sailing using tell-tales
- Basic racing experience
- Avoid collisions efficiently
- Know basic racing rules
- Take proper care of equipment

Level 4

- Take proper care of equipment independently
- Sail a regatta independently
- Sail upwind efficiently
- Proper hiking technique & weight positioning
- Proper usage of dagger board
- Right a boat independently within 1' and keep racing
- Fine-tuned boat control
- Know the basic racing flags & protocols
- Sit on the starting line
- Will cross starting line within the first 10" after the starting signal
- Heave-to downwind of coach boat within 30"
- Recognize wind shifts & pressure differences
- Change gears efficiently
- Basic tuning of equipment
- Know the difference between port tack & starboard tack and can recognize these situations on the race course
- Know the difference between leeward & windward boat and can recognize these situations on the race course
- Understand basic racing rules and apply them
- Understand basic tactics and apply them
- Recognize "bad air" situations and know how to avoid them
- Great form / technique



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OPTIMIST

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Level 4

- Take proper care of equipment independently
- Sail a regatta independently
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- Bail & Sail Concept
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Carolina Yacht Club

SKIPPER CARD STANDARDS

420 & CLUB 420

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- Recognize "bad air" situations and know how to avoid them
- Great form / technique
- Keeps the boat dry & lines organized

Level 5 – Trap & Spin Specific

- Rigging spin
- Leeward & windward spin set
- Leeward & windward spin takedown
- Adjusting height of spin pole to wind conditions
- Proper sail trim in regards to spinnaker & pole
- Proper trapeze technique
- Changing height of trapeze while out trapping
- Playing sails
- Playing weight
- Recognize whether to do a bear away set or a jibe set